

INVISALIGN - PATIENT INSTRUCTIONS

1. You will be given two cases for your *Invisalign* appliances. The blue case holds the set of aligners which you are currently wearing. The red case is intended to hold the set of aligners which you wore previously.
PLEASE REMEMBER TO KEEP THE CASES OUT OF REACH OF CHILDREN AND PETS.

2. **CHANGING ALIGNERS**
 - a. After 2 weeks, you should remove your aligners and put them into the red *Invisalign* case to be saved. You can now wear the next stage of aligners.

 - b. After an additional 2 weeks, the next set of aligners should be put in the red case and the previous set can be thrown away.

 - c. When you return to our office for your next visit, the next series of aligners will be delivered.

 - d. Please keep to the prescribed schedule for wearing and changing your aligners. Stages should not be skipped or accelerated.

3. The aligners should be worn at all times except when eating, drinking, brushing and flossing - about 22 hours of wear per day.
Clean gently with a toothbrush whenever they are removed.
Store in the blue *Invisalign* case when they are not being worn.
Always store in a cool, dry place.
Keep away from boiling water, bleach and other extreme cleansers.
Note: Your general dentist should not remove the composite attachments.
In addition, you should consult our office prior to receiving dental restorations, as this may affect the fit of the aligners.